

Center for Safe and Healthy Schools & Communities

2018 - 2019 School Year

The CESA 6 Center for Safe and Healthy Schools & Communities provides consultation and support to districts on planning, policy development, assessment, implementation, and evaluation of programs and practices linked to Standards of the Heart.

Fee structure is based on school district enrollment.



Network objectives:

- ❖ Provide opportunities for networking around safe and healthy schools and communities programs, policies, procedures and processes.
- ❖ Enhance professional development of leaders in the safe and healthy schools and communities field
- ❖ Keep the leaders in the field apprised of current trends, legal issues, prevention strategies and topics of interest.
- ❖ Build capacity to create safe and healthy schools and communities.

Join a network today

Professional networks provide opportunities for leaders, specialists and teachers to engage with peers regarding topics of interest within their discipline. Learn more at www.cesa6.org/services/networks.

For more Information

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More help

Wisconsin Safe and Healthy Schools Center (CESA Statewide Service)
www.wishschools.org

Safe and Healthy Schools & Communities Network Meetings

- September 21, 2018
- November 7, 2018
- February 15, 2019
- April 29, 2019

Consortium

Included*

All other districts

\$180.00 per meeting

This quarterly network meeting provides opportunities to meet and interact with other Safe Schools Coordinator and share experiences, ideas and best practice in all areas of youth at risk.

*Includes materials, resources, and lunch for up to 3 district participants per session. Additional participants \$75/each session.

YRBS (Youth Risk Behavior Survey)

Included

\$0.10 per scan sheet, plus \$950 per report

Want to know more about how students in your district are thinking and acting?

This effective survey assesses local attitudes and student behaviors, identifying emerging issues before they become widespread. Results can be compared with state and national trend data and shared with local non-profit and governmental organizations to develop community-wide response plans.



PROFESSIONAL DEVELOPMENT

Data Retreat on Behavior Sources

This is an opportunity for your team to delve into the data related to behavior, learn to use it effectively and look for possible solutions. Data that is available to your school includes: YRBS, discipline, tardies, suspension and expulsions.

Youth Mental Health First Aid

In the Youth Mental Health First Aid course, you will learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help. The course is 8 hours and includes a resource book.

QPR Training (Question, Persuade, and Refer)

QPR is a one hour presentation where you will learn the signs of suicide and three basic principles of how to help save a life. QPR is designed for students, faculty and staff. A QPR session can also be arranged at a convenient time specifically for your group.

Interventions the Safe and Civil Model

Based on the book, Interventions: Evidence-Based Behavioral Strategies for Individual Students, by Randy Sprick, PhD, found: Safe & Civil Schools, this training is aimed at assisting teachers, counselors, paraprofessionals, and others who work with students who struggle with chronic misbehaviors, in the planning and implementing of validated, tiered strategies to increase motivation and improve behavior

Honest, Open, Proud: To Eliminate the Stigma of Mental Illness

Our goal is to consider the choices we have when it comes to disclosing or talking about our experiences with mental health challenges with others. We will also work together to learn helpful ways to disclose this information most effectively and protect ourselves against hurtful reactions from others should we decide to disclose.

- Lesson 1: The Story I Tell Myself
- Lesson 2: Disclosure Options
- Lesson 3: Disclosure Discussion
- Lesson 4: Telling Your Story to Others
- Lesson 5: Moving Forward

Online Learning Opportunities

Looking for flexible professional development opportunities? The CESA 6 Safe and Healthy Schools and Communities offers both online courses and book study opportunities for educators with the benefits of anytime, anywhere, any place participation.

- **Read the professional development books you want and** earn course credit or a certificate completion!
- These courses are a great way to increase your effectiveness as an educator!
 - ❖ Restorative Practices in the School Setting
 - ❖ 6 Early Stage, Highly Structured Behavior Interventions using the Safe & Civil Model
 - ❖ Teaching with Poverty in Mind